

Name: \_\_\_\_\_ Occupation:

\_\_\_\_\_

Telephone: \_\_\_\_\_ Do you Text? \_\_\_\_\_ Email:

\_\_\_\_\_

Address:

\_\_\_\_\_

May I use the above phone numbers or e-mail to leave messages or reach you?

What is your reason for coming to receive EFT?

Which EFT package have you or would you like to purchase?

What would you like for me to know about you and/or the area you are tapping on?

At the end of our session, what behaviors, feelings or beliefs do you hope will be different?

What goal(s) would you like to achieve as we work together?

Briefly describe your family life growing up, including the most important values and beliefs held by your family.

Briefly describe your relationship with your father:

your mother:

your siblings:

your spouse:

If there was one thing in your childhood that you could have skipped, what would that be and why?

What past counseling or emotional work have you done and what issues did you work on?

Have you ever been diagnosed with a mental or emotional diagnosis? If so, what diagnosis do you have?

What medicines are you taking?

What gives you the most joy or pleasure in your life?

What are your main worries and fears?

What beliefs guide and sustain you?

What do you do for self-care?

What family members or friends do you have to share with and support you as we meet together?

Is there anything else you think is important for me to know before we meet and tap together?